



# Virtual Mentoring Training Kit

## Getting Started

1. Code of Practice
2. First Meeting Checklist
3. First Meeting Tool
4. Meeting Tool
5. Mentoring FAQs
6. Helping a Mentee Determine Goals
7. Mentee Goals
8. Goals Sheet
9. Mentoring Agreement
10. The Mentee's Journey for Mentees
11. The Mentee's Journey for Mentors

## Articles and Tips

12. Virtual Mentoring
13. Adaptation Mentoring
14. Mentoring Roles and Styles
15. Who is responsible for the mentoring relationship?
16. Mentoring FAQs
17. When and how to give advice
18. How to use positive psychology to help your mentee thrive
19. Mentor as confidante
20. Ending the mentoring relationship well

## Event Presentation Materials for webinars

- Mentoring Program Info session slides
- Mentoring Program Program Launch session slides
- Mentoring Program Mentee Training slides
- Mentoring Program Mentor Training slides
- Mentoring Program Mid-Program Review session Slides
- Mentoring Program Close session slides